

Greenfields Children's Centre Autumn Term (September – December - Week 1 starts 5th September 2022)



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	L U N C H	Chicken curry Vegetable curry	Fish fingers Vegetable fingers	Macaroni pie with spinach and spice	Vegan spicy sausage casserole	Vegetable Lasagne
		Rice Mixed salad	Greens Chips	Mixed seasonal salad	Mash	Mixed seasonal salad
		Fresh fruit	Chocolate cake and custard	Fresh fruit in yoghurt	Ice cream	Fresh fruit
	T E A	Fresh fruit and milk BBQ vegetable wraps Fairy cakes	Fresh fruit and milk Oat biscuits Rice pudding	Fresh fruit and milk Fruit scones Vegetable stir fry	Fresh fruit and milk Cheese on toast Banana bread	Fresh fruit and milk Jam sandwiches Cucumber sandwiches Banana and custard
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	L U N C H	Aubergine and mozzarella bake	Pilau rice	Chicken burger Vegetarian burger	Pasta with roasted vegetables in a tomato sauce	Chickpea curry
		Salad Garlic bread	Mixed Salad Yoghurt with cucumber	Salad Chips	Mixed seasonal salad	Jeera rice Salad
		Custard and cake	Fresh fruit	Semolina	Ice cream	Fresh fruit
	T E A	Fresh fruit and milk Cheese on toast Rice pudding	Fresh fruit and milk Make your own sandwiches Apple upside down cake	Fresh fruit and milk Fruity flapjack Pizza slices	Fresh fruit and milk Salad rolls Fresh scones with butter and jam	Fresh fruit and milk Vegetable sausage rolls Ice cream
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	L U N C H	Vegetarian Lancashire hotpot	Pizza	Beanie burgers	Roast chicken drumsticks Vegetable Roast	Pasta with ratatouille
		Garlic bread	Potato wedges Coleslaw	Salad	Carrots Roast potatoes	
		Cinnamon apple cake	Semia	Luscious vegan gingerbread	Ice cream	Fruit cake
	T E A	Fresh fruit and milk Cheese on toast Chocolate chip cookies	Fresh fruit and milk Apple cake Pasta with vegetables	Fresh fruit and milk Vegetarian Chow Mein Rice cakes	Fresh fruit and milk Soup topped with croutons Flapjacks	Fresh fruit and milk Blueberry muffins Fish fingers and beans